



## THE TENT

Congregation Beth Jacob's Monthly Newsletter

May, 2022

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### CBJ Calendar of Upcoming Events:

May 4, 12:00 noon: Counting the Omer Class (Mikveh) (via Zoom) (See article for details)

May 4, 4:30 pm: Introduction to Judaism Class (hybrid) - Planned Topic: Life Cycle  
Divorce to Death

May 6, 7:00 pm: Shabbat Service (via Zoom)

May 9, 8:30 am: Limud Torah Study with Rabbi Emeritus Lawrence Silverman

May 11, 12:00 noon: Counting the Omer Class (Reading of Torah with Aliyah)

May 11, 4:30 pm: Introduction to Judaism Class (hybrid)

Planned Topic: Prayer and Ritual

May 11, 7:30 pm: Women's Reform Network Virtual Speaker Series - Topic:

Paving the Path Ahead - Creativity and Innovation (See article) Register to  
receive the Zoom link.

May 13, 7:30 pm: Shabbat Service (via Zoom)

May 16, 8:30 am: Limud Torah Study with Rabbi Emeritus Lawrence Silverman

May 18, 12:00-1:00 pm: Counting the Omer Study Topic: Brit Milah (and  
welcoming rituals)

May 20, 7:00 pm: Shabbat Service

May 23, 8:30 am: Limud Torah Study with Rabbi Emeritus Lawrence Silverman

May 25, 12:00 noon: Counting the Omer Study (Topic: Observance of Yahrzeit)

May 25, 4:30 pm: Introduction to Judaism Class (hybrid) Planned Topic: Sin  
Atonement and Afterlife

May 27, 7:00 pm: Shabbat Service

May 30, 8:30 am: Limud Torah Study with Rabbi Emeritus Lawrence Silverman

June 1, 12:00-1:00 pm: Counting the Omer Study. Topic: Havdalah

June 1, 4:30 pm: Introduction to Judaism Class (hybrid) Planned Topic: Views on Contemporary  
Issues

See the "CBJ Weekly Update" for details and links to join these meetings.

[To see the complete CBJ Calendar on our website, click here.](#)



## Counting the Omer Study

The weeks between Passover and Shavuot are called the period of the Counting of the Omer and are traditionally observed with, among other things, a topic of study. For this year's Omer study, we will be meeting weekly on Wednesdays from noon to one pm to learn about Jewish Rituals and examine various elements of Jewish life. The classes will be taught by teams of Rabbis from small congregations around the county. The schedule and topics are below. [To see the flier, click here.](#)

To participate in these classes, click on the following Zoom link:

<https://us02web.zoom.us/j/84215861002?pwd=cGdlVUR5OFVnYkF5cCtacGZDRWRDQT09#success>

Zoom Meeting ID:842 1586 1002; Password: 364595

Week 1: candle lighting	4/20
Week 2: Tzitzit	4/27
Week 3: Mikveh	5/4
Week 4: reading of Torah with Aliyah	5/11
Week 5: Brit Milah (and welcoming rituals)	5/18
Week 6: observance of Yahrzeit	5/25
Week 7: Havdalah	6/1

### If You Missed Any of These Sessions...

You may watch the video recordings for each of these classes on YouTube. Click on the link below:

[https://www.youtube.com/playlist?list=PL6p2\\_0nGOpy631NswEpxsFEZzqS5Mcyew](https://www.youtube.com/playlist?list=PL6p2_0nGOpy631NswEpxsFEZzqS5Mcyew)

## The Modern Day Way to Observe the Counting of the Omer



For 7 weeks following the second day of Passover, leading up to the giving of the Torah to Moses on Shavuot, we measure each day by counting the Omer. When there was a Temple in Jerusalem, the custom was to bring sheaves of grain each day to the Temple, to be counted. Although in modern times we no longer gather sheaves of grain to be counted for this observance, **Rabbi Mills has asked our congregants to bring boxes of wheat, oat or barley cereal to the temple on Sunday mornings or to Seth and Cindy Teles' home at 31 Birch Avenue in Plymouth on Wednesday afternoons. We hope to collect 50 boxes of cereal in total. For each day of the Omer, we will count the boxes of cereal and then donate them to a local Food Pantry.**

See the flier on the next page.

# COUNT THE OMER BY DONATING BOXES OF WHEAT, OAT, OR BARLEY CEREAL

HELP US REACH  
50 CEREAL BOXES  
TO DONATE TO A  
LOCAL FOOD  
PANTRY

DROP OFF FROM  
END OF PASSOVER  
UNTIL THE END OF  
SHAVUOT:  
SUNDAY, JUNE 5

THE OMER, AN ANCIENT HEBREW MEASURE OF GRAIN, WAS BROUGHT TO THE TEMPLE DAILY FROM THE SECOND NIGHT OF PASSOVER UNTIL SHAVUOT-- 50 DAYS LATER. WE COUNT THE FIFTY DAYS EACH YEAR AWAITING THE CELEBRATION OF SHAVUOT AND GOD GIVING US THE TORAH  
DROP OFF AT TEMPLE OR AT THE TELLES' HOME

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## Meet the Author Series



**The Next Event in This Series:**  
**A Conversation with Silvia Foti, author of *The Nazi's Granddaughter***  
**May 4, 2022, at 8:00 pm**

Silvia Foti is a journalist, teacher, wife, and mother living in Chicago, IL. She holds Masters degrees in Journalism, Education, and Creative Non-fiction, and has written two books. She has been published in Salon, Chicago Tribune, and Southtown Economist, and has won awards for her investigative journalism.

**Summary of the Book:** A deathbed promise leads a daughter on an incredible journey to write about her grandfather who was a famous World War II hero. But this journey had a terrible destination: the discovery that he was a Nazi war criminal, directly responsible for thousands of Jewish concentration camp deaths. Foti had no idea that in keeping her promise to her mother, her discoveries would bring her to a personal crisis, unearth Holocaust denial, and expose an official cover-up by the Lithuanian government that resulted in an internationally-followed lawsuit. Jonas Noreika was a Lithuanian known as General Storm. He led an uprising that won the country of Lithuania back from the communists, only to have it fall under Nazi control. Foti set out to write a heroic biography about her famous grandfather. But as she dug ever deeper, she encountered so much evidence proving "my flesh and blood hero was a Jew-killer, even I could no longer believe the lie."

**Register in advance to receive the Zoom link for this meeting:**

<https://us02web.zoom.us/j/84835924292?pwd=bGt4RUl6SUQycngwRTZCNHg0cC9mdz09>

[To see the complete schedule, click here.](#)



**Women Reform Rabbis Network Virtual Speaker Series**  
**Wednesday, May 11, 7:30 pm**

**Topic: Paving the Path Ahead: Creativity and Innovation**

**Register below to receive the Zoom link:**

<https://us02web.zoom.us/meeting/register/tZcsc-qhrTijH9UUbTme26PwLu-C8M2Db0gf>



**Limud Torah/Torah Study Group  
with Rabbi Emeritus Lawrence Silverman**

Monday mornings, from 8:30 - 9:45 a.m.

All are Welcome!

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09>

Meeting ID: 294 723 4661, Passcode: 720299



**Introduction to Judaism Class  
Wednesdays at 4:30 pm  
Each Class is Self-Contained, and  
Congregants Are Encouraged to Drop In! Please Join Us!**

This Introduction to Judaism class is being taught by Rabbi Mills, in-person and via Zoom. The class has been meeting on Wednesdays at 4:30 pm. Originally conceived as a class for converts to Judaism, it is also ideal for congregants who want a comprehensive overview of their Jewish faith, rituals, beliefs, and history. Attendance is free of charge for congregants.

For more information, please send an email to Rabbi Mills at [cbplymouthrabbi@gmail.com](mailto:cbplymouthrabbi@gmail.com).

Upcoming topics to be discussed include:

- Life Cycle; Birth to Marriage
- Life Cycle: Divorce to Death
- Prayer and Ritual
- Sin, Atonement, Afterlife
- Views on Contemporary Issue

The Zoom link to attend this class is:

<https://us02web.zoom.us/j/86287279836?pwd=N2pob3ViSk1QU0x5citqaE5Pa0Rndz09>

Meeting ID: 862 8727 9836 Passcode: 18361836

## MEMBERSHIP NEWS



If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our new Membership Chair, Barbara Aharoni, at [ahabubs@gmail.com](mailto:ahabubs@gmail.com). [Click here for a link to CBJ's Application Form.](#)



## SISTERHOOD NEWS

Sisterhood's Diaper Drive

**Special Mothers Day Appeal - Donate in Honor of a Special Woman in Your Life!  
Mothers Day is May 8th!**



As its tzedakah project for the past several years, Sisterhood has been donating diapers, wipes, Desitin cream, and baby shampoo to the South Shore Action Council (SSAC) on Obery Street. This year, to coincide with Mothers' Day (May 8th), Sisterhood will be collecting funds and donating them to the SSAC so that they can use their buying power to purchase the sizes of diapers and other items that are most needed. **Please consider making a donation in honor of, or in memory of, a woman who has made a significant difference in your life - your mother, grandmother, a special teacher or mentor. You don't need to contribute a lot in order to help - Donations of \$5.00, \$10.00, or \$20.00 will make a big difference. Coupons also greatly help. If you can make a contribution at this time, it would be much appreciated. Send a check to CBJ SISTERHOOD c/o Sherri Sore, 63 Seacliff Dr., Plymouth 02360.** Thank you!



**HINENI (Here I Am) RESUMES!**

Rides to medical appointments are available once again to congregants who need them through our Hineni Project. Please contact our Hineni Coordinator, Ed Sore, to make the necessary arrangements. Email: [esoreproducts@gmail.com](mailto:esoreproducts@gmail.com) or call him at at 774-338-5209

## THE CBJ GIFT CARD PROGRAM



### Why You Should Support the Gift Card Program

CBJ's Gift Card Program continues to be one of the few ways that our synagogue can raise funds at this time. You can help CBJ by purchasing our Gift Cards and using them at supermarkets, pharmacies, gas stations, restaurants and national retailers that you already patronize. These businesses donate a certain percentage of the cards' purchase price to CBJ, anywhere from 5-18%, which greatly benefits our temple and does not cost you anything. Who does not shop at Stop & Shop, Shaws, or Big Y? Who does not purchase prescriptions, toiletries and over the counter medications from CVS or Walgreens? Do you go to Panera, Dunkin' Donuts, Starbucks, Ninety Nine, Texas Roadhouse? Do you shop online on Amazon or in-store at Macy's? The list is long. Please contact our Gift Card Coordinator, Ed Sore, at 774-338-5209 or by email at [esoreproducts@gmail.com](mailto:esoreproducts@gmail.com) to tell him what you need. You can either send your payment to him by mail or attach it to your door for him to pick up when he delivers your gift cards. Ed plans to be at CBJ on Sunday mornings when Beit Sefer is in session. Checks can be made out to Congregation Beth Jacob and mailed to:

Ed Sore, 63 Seacliff Drive  
Plymouth, MA 02360.

### What Cards Do We Carry?

**Supermarkets** - Stop and Shop, Shaws, The Market at Pinehills, Big Y.

**Gas Stations**- Speedway, Exxon, Mobil,

**Pharmacies:** CVS, Walgreens and Rite Aid (**You can pay for prescriptions using CBJ gift cards!**)

**Restaurants:** Dunkin Donuts, Panera, Texas Roadhouse, Bertuccis, Chilis, 99 and many more.  
Department Stores- Walmart, TJ MAXX, Marshalls, Macys, Home Goods, Dicks Sporting Goods, Kohl's, Bed Bath and Beyond, Michaels, Amazon, plus 400 additional retailers. [Check out this link to see a partial listing.](#)



Congregation Beth Jacob gratefully acknowledges receipt of the following donations:

**Sisterhood Diaper Drive:**

Ronnie Hirschhorn, Anne Geller, Suzanne Goldberg, Myra Glansberg, Sherri Sore, and Susanne Lelyveld- Wittenberg, Stephanie Gavin, Trish Van Tosh



**The Following Yahrzeits Will be Observed This Month:**

*(A memorial candle should be lit on the preceding evening.)*

**May, 2022**

- |                           |                          |
|---------------------------|--------------------------|
| 1 Bessie Goldsmith Parker | 15 William Lippman       |
| 1 Lily Winter             | 17 Avi Teles Hunemorder  |
| 4 Morris Binday           | 19 Stella S. Bromberg    |
| 4 Morton Hollander        | 19 Arnold B. Shelly      |
| 4 Jacob Keller            | 19 Louis Waterman        |
| 5 Estelle Pokross Sherman | 21 Arnold Brodie         |
| 6 Samuel Cohen            | 21 Harvey F. Cohen       |
| 6 Estelle Epstein         | 22 Sheila Finer          |
| 6 Frances Riback          | 24 Miriam Polak Lelyveld |
| 6 Celia Sadow             | 25 Kalman Aharoni        |
| 6 Fannie D. Shiff         | 26 Joseph Epstein        |
| 7 Samuel B. Fortunow      | 26 Edward L. Greenberg   |
| 8 Silvia Siegel           | 27 Abraham Goldberg      |
| 10 Harry Jacobson         | 27 Ida Portnoy           |
| 11 Helen Pearce           | 28 Marc Lipetz           |
| 13 Maurice Treppel        | 28 David Rodman          |
| 14 Arthur E. Jacobs       | 29 Lucille Arons         |
| 14 Muriel Swartz          | 29 Annie F. Goldman      |
| 15 Miles Herman           | 30 Jacob Erie            |

*May their memories be for a blessing and live forever in the hearts of all who knew and loved them.*



## Beit Sefer News

Last month, our Beit Sefer Students studied the concept of b'tzelem Elohim-- the idea that we are created in the image of God (Genesis 9:6) and that our bodies house an aspect of the Divine within. We learned what it means to be responsible for our actions, appreciate ourselves and our bodies, and lovingly care for this gift that we have been given. We are also told we are to guard our bodies (Deuteronomy 4:9). Additionally, because all people are created in God's image, we are expected to protect the life of every person and see the good and the godlike aspect in each person. Being made B'Tzelem Elohim (in the image of God) also means that each of us is uniquely amazing and all of us reflect the image of God. We are different and yet we all are created in God's image.

To help us understand this lesson, we created decorated picture frames with the words B'tzelem Eloheim and put inside them mirrors to show that everyone is created B'tzelem Eloheim. We also enjoyed a demonstration of the Israeli Martial Art of Krav Maga by a certified instructor, who taught us about how we also have to protect our bodies.

Photos of our Beit Sefer students' beautiful art projects are below.







## Brotherhood News



### Remembering the By-gone Days of the Borscht Belt Resorts

The movie discussion night that was held on April 9th was very successful. Participants who had watched the film about Kutchners and the heyday of resort vacations in the Catskills in the 1950's and 1960's enjoyed a lively discussion, sharing their own experiences in the Borscht Belt during that time and reminiscing over a by-gone era. We enjoyed learning about the history of Kutchners and how the immigration of Jews to the Northeastern cities of America created the development and growth of these mountain resorts and fueled the careers of Jewish comedians and entertainers. Everyone agreed that the abundance of food available at any time of day or night was one of the most memorable and noteworthy features of Catskill resort vacations.

(My favorite joke is about two women who are discussing their dining room experiences. The first woman says, "Oy, the food here is not at all like I make at home. It is so boring, bland and tasteless. It's so bad that I can barely even swallow it." To which the second woman replies, "You're right, I agree. It's horrible. And the portions are so small!")

We thank Jerry and Marilyn Levine for suggesting this movie and Larry Winokur for coordinating this discussion. If anyone would like to suggest our next movie, please contact Larry at [lswinokur1@gmail.com](mailto:lswinokur1@gmail.com).

## Recipe for Lemon Poppyseed Cake



Storage This will keep for 3 days in an airtight container.

Makes 1 standard loaf (8-½ x 4-⅓-inch/900 g loaf pan)

Prep time: 50 min. Cook time: 55 min

### Ingredients:

3 large eggs

1 cup plus 2 tablespoons (225 grams) granulated sugar

½ cup (120 grams) sour cream

5 tablespoons (70 grams) unsalted butter, cubed, plus extra for greasing

1 tablespoon poppy seeds

Finely grated zest of 3 lemons (1 tablespoon)

1 ⅓ cup (170 grams) all-purpose flour

1 ¼ teaspoon baking powder

¼ teaspoon salt

¾ cups (90 grams) confectioners' sugar, sifted

2 tablespoons lemon juice

### Instructions:

1. Heat the oven to 325° F (160° C). Grease the loaf pan(s) and line with parchment paper, then set aside.
2. Place the eggs and granulated sugar in the bowl of an electric mixer with the whisk attachment in place and whisk on medium-high speed for about 2 minutes, until pale and frothy. Add the sour cream and continue to beat for about 2 minutes, until the mixture has combined.
3. In the meantime, melt the butter in a small saucepan over low heat, stir in the poppy seeds and lemon zest, and set aside.
4. Sift the flour, baking powder, and salt together into a bowl, then use a rubber spatula to fold this into the egg mixture before folding in the butter, poppy seeds, and zest.
5. Spoon the mixture into the loaf pan(s) so that it rises three-quarters of the way up the sides. Place on a baking sheet and bake for 55 to 65 minutes, or until a skewer inserted into the center comes out clean. Do not open the oven door to check the cake during the first 45 minutes of baking.
6. To make the glaze, whisk the confectioners' sugar with the lemon juice in a bowl.
7. Pour the glaze over the top of the cake as soon as it comes out of the oven, spreading it over the top so that it sinks in and creates a nice coating. Set aside to cool for 30 minutes before removing from the pan. Let it to come to room temperature before serving.